

SUPPORTIVE SERVICES, updated February 7, 2018

Provided by the HOPE COMMUNITY OF SHALOM for the SOUTH PLAINS HOMELESS CONSORTIUM

website: www.hopeshalom.org

This Supportive Services list is available at website under "Services" on Home page

For any addition and/or change, call 806-549-1894

CATEGORY in alphabetic order

AGENCY NAME in alphabetic order

AGENCY PHONE #

AGENCY ADDRESS

BABY ITEMS

HIGHLAND BAPTIST CHURCH -- Baby Closet

(806) 795-6453

4247 34th Street, Lubbock, TX 79410

Tuesday, 1:00 – 3:00 pm & Wednesday, 3:30 – 5:00 pm

Baby Clothes, Diapers, some equipment for infants to four years old.

Require: Picture ID; Limited to once a month

NEIGHBORHOOD HOUSE for LUTHERAN SOCIAL SERVICES

(806) 741-0459

1212 13th Street, Lubbock, TX 79401

Monday thru Thursday, 1:00 pm; Be there by Noon.

Diapers and hygiene items (limited)

Require: Picture ID, Social Security Card &

Proof of address with a piece of mail received within last 30 days

CLOTHING CLOSETS

BROADWAY CHURCH OF CHRIST

(806) 763-0464

1924 Broadway, Lubbock, TX 79413

*By appointment ONLY; Call Thursday to schedule a Tuesday appointment

Require: Picture ID & Social Security Card; One visit every 3 months

GREENLAWN CHURCH OF CHRIST

(806) 795-4466

5701 19th Street, Lubbock, TX 79407

Monday, 1:00 – 3:00 pm; Thursday, 9:00 – 11:00 am

Require: Picture ID & Social Security Card

GUADALUPE ECONOMIC SERVICES

(806) 744-4416

1502 Erskine Street, Lubbock, TX 79403

Monday & Wednesday, 1:00 – 4:00 pm

Require: Referrals from Adult, Children's, Women's Protective Services

HOPE COMMUNITY OF SHALOM

(806) 762-0829

2005 Avenue T, Lubbock, TX 79411

Sunday ONLY, 4:00 - 5:30 pm

LUBBOCK DREAM CENTER

(806) 793-3336

1111 30th Street (30th Street & Avenue L), Lubbock, TX 79411

Tuesday & Thursday, 12:00 – 3:00 pm; Saturday, 10:30 – Noon

Clothing donations accepted Monday – Thursday, 10:00 am- 4:00 pm

LUBBOCK IMPACT, INC (806) 799-4329
2707 34th Street (34th Street & Boston), Lubbock, TX 79410
Wednesday, 1:00 – 3:00 pm & 6:00 – 7:00 pm

MISSION LUBBOCK (806) 687-8452
1711 Upland Avenue, Lubbock, TX 79416
Tuesday & Wednesday, 10:00 am – 2:00 pm

NEW MILLENIUM BAPTIST CHURCH (806) 632-1367
101 East Queens Street, Lubbock, TX 79403
Tuesday & Thursday, 10:00 am – 1:00 pm

REDBUD BAPTIST CHURCH – CHRIST'S CUPBOARD (806)
799-3832
801 Slide Road, Lubbock, TX 79416
Tuesday, 1:00 – 4:00 pm

SAINT PAUL'S THRIFT HOUSE (806) 762-4288
1508 Avenue X (15th Street & Avenue X), Lubbock, TX 79423
Tuesday, Wednesday, Thursday, 10:00 am – 1:00 pm;
Friday, 10:00 - 11:30 am; Saturday, 9:30 am – Noon

THE BRIDGE OF LUBBOCK (806) 687-0772
1301 Redbud Avenue, Lubbock, TX 79403 Clothing (806) 466-2732
Second and Last Monday of each month, 9:00 am – Noon;
If Monday is a holiday please call first.
Schools and other organizations making referrals must call to set up appointment
(not the individual needing assistance)
PROJECT PROM – Provides both male and female attire for formal events.

TRINITY OUTREACH CENTER & STOREHOUSE (806) 788-0501
3027 34th Street, Lubbock, TX 79410
Tuesday thru Thursday, 9:00 – 11:00 am
Be in the building and signed in by 10:15am; limited capacity, so first come, first served
Require: Picture ID, Social Security Cards for all persons in household &
Proof of address with a piece of mail received within last 30 days

COUNSELING SERVICES

CATHOLIC CHARITIES, DIOCESE OF LUBBOCK Main (806) 765-8475
102 Avenue J, Lubbock, TX 79401 evening/runaway (806) 765-8629
Visit website: www.cclubbock.org
*Call Main office to schedule an intake
Services to at-risk Youth (STAR) & Runaway Homeless Youth (RHY): Ages 0-17 (Free)
Family Counseling (individual, couples, marriage)

COMMUNITY HEALTH CENTER OF LUBBOCK (CHCL)
2401 – B Fulton Avenue, Lubbock, TX 79407 (806) 776-4943
AND
1610 5th Street, Lubbock, TX 79401 (806) 765-2611
*Call for appointment
Child, family, marriage, and individual counseling; Sliding scale fees

COVENANT COUNSELING CENTER

(806) 725-5443

1302 Broadway, Lubbock, TX 79401

*Call for eligibility screening

Individual, family, couples counseling; Sliding scale fee is \$5 - \$40

FAMILY COUNSELING SERVICES

(806) 747-3488

5701 Avenue P, Lubbock, TX 79412 (access by Citibus route)

*Call for appointment

Individual, family, child, couples counseling, and group sessions; Sliding scale is Free - \$75

LUBBOCK VETERAN'S SERVICES

(806) 792-9782

3106 50th Street, Suite 400, Lubbock, TX 79413

Services for Veterans who served in actual Combat Theaters:

- Counseling and Referral Services;
- Counseling for families of Veterans;
- Bereavement counseling for family members whose Veteran died on active duty;
- Specialties dealing with Post Traumatic Stress from Combat and /or Military Sexual Trauma.

Notes: 1. A Full range of services is available in Amarillo through the VA Medical Center and the Homeless Shelter and Service Center in Amarillo.

For more information, call toll free (800) 687-8262.

2. For medical services and assistance in obtaining VA Benefits, see VETERAN'S OUTPATIENT MEDICAL CLINIC under the MEDICAL RESOURCES Category below.

REFUGEE SERVICES

(806) 748-7202

8405 MLK Blvd., Lubbock, TX 79404

Director's Direct Line (806) 790-6664

Visit website: www.refugeservices.org

Contact: Patti Mandrell, M.Ed., LPC, Director of Therapy Services

E-mail address: information@refugeservices.org

*Call for information and appointment: Monday thru Friday, 8:00 am – 5:00pm

Counseling: Individual, child, family, marital

Group counseling: Using horses (Equine-assisted Psychotherapy) at no cost to

- Operation Iraqi Freedom (OIF) &
- Operation Enduring Freedom (OEF) veterans &
- Active military

TEXAS WORKFORCE COMMISSION

(806) 350-1649

Contact Norman Bearden, Veterans Resource and Referral Specialist with TWC. Also see Miscellaneous Category

Cell phone: (806) 282-1146; Work phone: (806) 350-1649; Email: norman.bearden@twc.state.tx.us**TEXAS TECH FAMILY THERAPY CLINIC**

(806) 742-3074

Human Sciences Building – Open to the Public

15th Street and Akron, Lubbock, TX 79409http://www.depts.ttu.edu/hs/mft/clinical_services.php

*Call for appointment (messages will be returned); Sliding Scale is \$10 - \$70

Monday thru Thursday, 9:00 am – 8 pm; Friday, 9:00 am – 5:00 pm

Specializing in child, family, marriage, and individual counseling.

Supervised graduate students working on Master and PhD degrees

TEXAS TECH PSYCHOLOGY CLINIC - Open to the Public

(806) 742-3737

Psychology Building – 2810 18th Street (18th Street & Boston), Lubbock, TX 79409<http://www.depts.ttu.edu/psychologyclinic/index.php>

*Call for appointment; Sliding Scale fee is \$7 to \$50;

Monday & Friday, 8:30 am – 5:00 pm; Tuesday, Wednesday, Thursday, 8:30 am – 8:00 pm;

- Individual, adult, children/adolescents, couples;
- Parent/child (ages 2-7) Interaction Therapy;
- Weight Management for children.

Supervised graduate students working on PhD

Evaluation for Learning Disabilities and ADHD – separate flat fee

DENTAL RESOURCES

CATHOLIC CHARITIES, DIOCESE OF LUBBOCK – ELDERLY OUTREACH (60+)

(806) 765-8475

102 Ave J, Lubbock, TX 79401

www.cclubbock.org

*Vouchers for eye exams and eyeglasses, dentures, other dental work, emergency prescriptions, hearing aids

Require: Must reside in Lubbock County & be 60 years old or older

CHCL - ARNETT BENSON DENTAL CLINIC

(806) 763-5557

3301 Clovis Rd, Lubbock, TX 79415

*Call for an appointment; \$40 minimum fee based on a sliding scale.

Monday thru Friday, 8:00 am – Noon & 1:00 pm – 5:00 pm

Extended Hours Monday thru Friday, 5:00 pm – 8:00 pm

CHCL - COMMUNITY DENTAL CLINIC

(806) 687-6259

1826 Parkway Drive, Suite 500, Lubbock, TX 79403

*Call for an appointment; \$40 minimum fee based on a sliding scale.

Monday thru Friday, 8:00 am – Noon & 1:00 pm - 5:00 pm

CHCL - COMMUNITY HEALTH CENTER OF LUBBOCK, Main Site - Call Center

(806) 765-2611

1610 5th Street, Lubbock, TX 79401

*Call for an appointment

Monday thru Friday, 8:00 am – Noon & 1:00 pm - 5:00 pm

All communications are handled through this Call Center.**CHCL - MOBILE DENTAL UNIT**

(806)765-2611

*Call for an appointment, Locations and Hours vary

\$40 minimum fee based on a sliding scale.

CHCL – WEST DENTAL CLINIC

(806) 722-4453

5424 19th Street, Lubbock, TX 79407

*Call for an appointment; \$40 minimum fee based on a sliding scale.

Monday thru Friday, 9:00 am – Noon & 1:00 – 6:00 pm;

Saturday, 9:00 am – 2:00 pm

COVENANT COMMUNITY SERVICES DENTAL PROGRAM

(806) 725-6500

4122 22nd Place, Lubbock, TX 79410

(806) 725-2222

*Call for an appointment; Monday thru Thursday, 7:30 am – 4:30 pm

Comprehensive dental care to patients age 5 and up; Medicaid and CHIP are accepted;

Mobile dental unit available at various locations, serving adult patients within a 75 mile radius of Lubbock

LUBBOCK IMPACT, INC

(806) 799-4329

2707 34th Street (34th Street & Boston), Lubbock, TX 79410

Wednesday at 6:00 pm - No appointments accepted; Insurance disqualifies applicant

NOTE: During Summer Months, patients need to call during clinic hours

Wednesday 6:00 – 9:00 pm to confirm availability of dentist.

EDUCATION / EMPLOYMENT RESOURCES**ADULT EDUCATION CENTER**

(806) 281-5750

1601 24th Street, Lubbock, TX 79411

*Call for class schedule and to enroll: Monday thru Friday, 8:30 am – 4:30 pm

GED Preparation; English as a Second Language (ESL)

BUCKNER CHILDREN & FAMILY SERVICES - (MY FATHER'S HOUSE)

(806) 799-0990

1510 South Loop 289, Lubbock, TX 79412

Visit website: www.myfathershouselubbock.org

*Call for information: Monday thru Friday, 8:00 am – Noon & 1:00 – 5:00 pm

Education facility for single mothers with children enrolled in school.

This is not a shelter and there is a waiting list.

EARLY LEARNING CENTERS OF LUBBOCK

(806) 765-9981

1639 Main Street, Lubbock, TX 79401

Visit website: www.elclubbock.org

Hours of operation: Monday thru Friday, 6:30 am to 6:00 pm

Description: Provides quality, educational childcare at an affordable price

Services: Provides quality childcare at an affordable price.

Breakfast lunch and snack, baby food and formula are provided at no additional cost.

Application process: An appointment is required to apply

Eligibility: Children ages birth to school age

Documents required: Proof of income, shot records, well check

Fees: Sliding Scale based on income

Five Lubbock Early Learning Centers:

Carver ELC	Guadalupe ELC	Vanda ELC	Talkington ELC	New Directions ELC (LISD Teen Moms only)
2509 Elm	101 Avenue K	1301 Vanda	2714 Erskine	417 Akron
806-744-6726	806-763-3777	806-765-0110	806-763-0535	806-765-9126

FAMILY GUIDANCE & OUTREACH CENTER OF LUBBOCK

(806) 747-5577

#5 Briercroft Office Park, Lubbock, TX 79412

Visit website for complete list of services: www.familyguidancecenterlubbock.org

*Call to register: Monday thru Friday, 8:30 am – 4:30 pm

All classes focus on parenting issues.

Free parenting classes & anger management classes are open to the public

GOODWILL INDUSTRIES OF NORTHWEST TEXAS

(806) 744-8419

715 28th Street, Lubbock, TX 79404

Monday thru Friday, 8:00 am – 5:00 pm

To qualify for employment training services:

- Individuals must be seeking employment,
- Utilize the services to maintain current employment, or
- Learn how to earn job promote within their company

Services available:

- Computer training
- Job readiness preparation, i.e. develop resume, construct cover letter, develop interview skills
- Computer and phone banks are available for training

GROWING RECRUITS FOR URBAN BUSINESS (GRUB), SPFB affiliate

(806) 763-3003

4612 Locust Street, Lubbock, TX 79404

*Call for more information

Any teen is welcome, but the focus is on low-income and at-risk teens:

- learn life skills and job skills;
- meet at farm during school year;
- paid summer program for students who participated during school year.

HOPE COMMUNITY OF SHALOM

(806) 762-0829

2005 Avenue T, Lubbock, TX 79411

Visit website for information and many other programs/ministries: www.hopeshalom.org

LITERACY LUBBOCK provides English as A Second Language (ESL) at this location.

Tuesday & Thursday, 10:00 am - Noon

To Register call Literacy Lubbock Monday-Thursday, 9:00 am – 5:00 pm; Friday 9:00 am - Noon

(806) 775-3636

Fee is \$25.00

INSTITUTE FOR CREATIVE LEARNERS

(806) 559-1259

Physical Address: 3302 67th Street, Lubbock, TX 79401

Mailing Address: PO Box 2507, Lubbock, TX 79408

Visit website for more information: <http://www.instituteforcreativelearners.org/>

Monday thru Friday, 8:30 am - 6:00 pm; Afterschool program, 3:45 pm - 6:00 pm

Mission is to help all students, especially those with learning disabilities including dyslexia, reach their full potential. Through direct instruction, students develop a confidence and realize they can LEARN.

Programs offer a unique opportunity for students with learning differences.

Call or Check website for sliding scale fee chart.

- Afterschool Program:
 - Monday – Thursday 3:45- 6:00
 - 30 minute Enrichment (Art or Hands on Science)
 - Homework help
 - Pre-Flight reading program
 - Dyslexia Therapy: Take Flight
 - Pay on a Sliding Scale: call for pricing
- One Day a Week Program: call for pricing
- Beginning Reading Program:
 - Students who are 4 to 5 years old
 - Monday – Thursday, 2:30-3:30.
- Tutoring :
 - After school tutoring program is for all ages
 - One-on-one tutoring: call for pricing
- Dyslexia Testing:
 - **Free** screening to determine if a full assessment is needed.
 - Full Assessment determines identification. \$350 per assessment
 - \$95 if child is Medicaid eligible
- Imagination Station:
 - Rockets
 - Check website for date and time
- Summer Camps: Call or Check website for cost, date and time
 - Monday – Friday, 9:00 am - 12:00 pm

LEARN Educational Opportunity Center

(806) 763-4256

2161 50th Street, Suite 105, Lubbock, TX 79412

Contact person for questions: Lee Ann Clark

Monday thru Friday, 8:00 am – 5:00 pm;

Free educational services to apply for GED or college and training programs, including assistance with admissions, testing, financial aid, career searches, financial and economic literacy, and referrals to additional community resources such as child care and transportation.

LITERACY LUBBOCK, A United Way Partner

(806) 775-3636

1306 9th Street, Lubbock, TX 79401

*Call for appointment: Monday thru Thursday, 9:00 am – 5:00 pm; Friday, 9:00 am – Noon

FREE Adult Literacy, Basic Education, Adult Dyslexia 1 to 1 tutoring, GED & ESL classes or

1-to-1 tutoring for various entry college exams, LVN entrance exams, military entrance, etc.

LUBBOCK DREAM CENTER

(806) 793-3336

1111 30th Street (30th Street & Avenue L), Lubbock, TX 79411

GED Test Preparation Classes & GED Test Site

*Call for more information and class Schedules

LUBBOCK INDEPENDENT SCHOOL DISTRICT – SPECIAL SERVICES

(806) 219-0460

1628 19th Street, Lubbock, TX 79401

*Call for information: Monday thru Thursday, 8:00 am – 5:00; Friday, 8:00 am – 4:30 pm;

Closed when schools are closed for holidays

SOUTH PLAINS COMMUNITY ACTION ASSOCIATION, INC. (SPCAA)**toll free** (800) 658-9632

411 Austin; PO Box 610, Levelland, TX 79336

(806) 894-2207

OR

1303 82nd Street, Suite 200/300, Lubbock, TX 79423

(806) 762-8815

Early Head Start and Head Start Programs

Services are available to families **at no cost!** Eligibility is based on need.**Early Head Start Program** is available to pregnant women and children birth to 3 years old.

Early Head Start Program is available in Terry County (Home Based Program),

Garza County (Home Based Program), and Hale County- Plainview (Center Based).

YWCA Child Care Partnership is available to children 6 weeks old to 30 months old at the YWCA Legacy and Child Development Center.**Head Start Program** is available for children who are 3 or 4 years old by September 1st

and is available in Brownfield, Crosbyton, Denver City, Floydada, Levelland, Littlefield, Lorenzo,

Lubbock, Morton, Muleshoe, O'Donnell, Olton, Plainview, Post, Ropesville, Slaton, Smyer and Sudan.

(Some school districts only take 4 year olds.)

Head Start and Early Head Start not only provides pregnant women and children with a quality educational setting, but also provides Multiple services for THE FAMILY including:

- Physical Exams and follow up services
- Age appropriate learning experiences
- Dental Exams and follow up services
- Attractive classrooms with all learning
- Free meals and snacks
- School supplies provided at no cost
- Complete Child Assessments
- Assistance with referrals for needed services
- Opportunities to develop social skills
- School readiness for children and parents
- Supervised outdoor play
- Fun with friends and special events

TO APPLY, you will need:

- Child's birth certificate, insurance/Medicaid (if available), and immunization (shot) record
- Documentation from ECI or Local ISD regarding Individual Education Plans
- Proof of income (previous year or previous 12 months):
Tax return, W2's, Child Support, SSI, TANF (ongoing), and
Grants and scholarships documentation (if available).

TEXAS TECH UNIVERSITY EARLY HEAD START

(806) 765-2737

3315 East Broadway, Lubbock, TX 79403

Monday thru Friday, 7:30 am – 5:30 pm

Application form is available at location or call for more information.

"We give infants and toddlers a great beginning!"

For those families who qualify, TTU Early Head Start provides free, high-quality childcare for children ages 6 weeks to 3 years, or a home visiting program for pregnant women and children birth to 3 years.

TEXAS WORKFORCE COMMISSION

(806) 350-1649

Contact Norman Bearden, Veterans Resource and Referral Specialist with TWC. Also see Miscellaneous Category

Cell phone: (806) 282-1146 Work phone: (806) 350-1649

Email: norman.bearden@twc.state.tx.us

WORKFORCE SOLUTIONS of the South Plains

(806) 765-5038

1218 14th Street (14th Street & Avenue L), Lubbock, TX 79401

Monday, Tuesday, Wednesday, Friday, 8:00 am – 5:00 pm; Thursday, 8:00 am – 6:00pm

Job Search is available during opening hours.

Job Readiness Workshop is available Tuesday thru Friday, 8:00 – 11:30 am.

However, the job readiness workshop sessions may change, so always call to confirm schedule:

Joyce Wallace, 806-765-5038

YWCA EARLY HEAD START

(806) 792-2723 x 3241

YWCA Child Development Center (CDC)

3101 35th Street, Lubbock, TX

Contact Person: Early Childhood Director, Regina Culver, call or email, regina.culver@ywcalubbock.org

There are no fees or tuition for students enrolled for the Early Head Start program.

EARLY HEAD START PROGRAM:

All YWCA Early Head Start teachers have a Child Development Associates and significant training in the special needs of early childhood and the impact of high-risk factors in the home and family. There is frequent interaction with parents and an emphasis on helping parents develop strategies to support each child's specific needs.

At the YWCA Child Development Center (CDC), infants and toddlers learn through creative and responsive instruction in a nurturing environment designed to maximize their potential and prepare them for success.

Through the focused development of literacy and school readiness, we believe all children of Lubbock deserve the finest care and highest quality education. The YWCA, in collaboration with South Plains Community Action Association, offers early learning classrooms with the primary focus of stimulating a child's imagination and fostering their academic, social and emotional development.

Our classrooms utilize the Infant and Toddler Frog Street Curriculum, a comprehensive, research-based curriculum designed to integrate instruction across developmental domains and early learning disciplines. In conjunction with this, the classroom learning framework in the five essential domains are:

- Social and Emotional Development
- Language Development and Literacy
- Approaches Toward Learning
- Cognition and General Knowledge
- Physical Development and Health

YWCA HEAD START PRE-SCHOOL

(806) 792-2723 x 3241

YWCA Legacy Child Development Center (CDC)

5100 14th Street, Lubbock, TX 79401

Contact Person: Legacy Director, Regina Culver, call or email regina.culver@ywcalubbock.org

Tuition for preschool students is \$125 weekly, which includes care in our after-school program from 2:30-5:30pm.

Upon enrollment, a \$40 annual membership fee is due. Each following year, the annual membership fee will be charged on September 1.

HEAD START PRE-SCHOOL PROGRAM:

All YWCA Head Start Pre-School lead teachers have at least a Bachelor's degree in Early Education and significant training in the special needs of early childhood and the impact of high-risk factors in the home and family. There is frequent interaction with parents and an emphasis on helping parents develop strategies to support each child's specific needs.

At the YWCA Legacy Child Development Center (CDC), young children learn through creative and responsive instruction in a nurturing environment designed to maximize their potential and prepare them for success.

Through the focused development of literacy and school readiness, we believe all children of Lubbock deserve the finest care and highest quality education. The YWCA, in collaboration with South Plains Community Action Association, offers eight early learning classrooms with the primary focus of preparing children for kindergarten and school readiness.

Our curriculum is the Texas OWL (Opening the World of Learning) a Comprehensive Pre- Kindergarten Curriculum. In conjunction with this, the classroom learning framework matches up with the Pre-K guidelines for the State of Texas. This includes:

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- Physical Development and Health
- Social and Emotional Development
- Approaches to Learning
- Language Development
- Literacy Knowledge and Skills
- Mathematics Knowledge and Skills
- English Language Development
- Social Studies
- Logic and Reasoning
- Creative Arts Expression
- Science Knowledge and Skills

FOOD PANTRIES

CATHOLIC CHARITIES, DIOCESE OF LUBBOCK (806) 765-8475

102 Avenue J, Lubbock, TX 79401

www.cclubbock.org

*Call for appointment Thursday at 8:00 am because Food Pantry is by appointment ONLY

FAITH TEMPLE (806) 748-7929

2408 74th Street, Lubbock, TX 79412

Tuesday & Thursday, 1:00 - 3:00 pm (call to confirm a time before coming)

GREEN LAWN CHURCH OF CHRIST (806) 795-4466

5701 19th Street, Lubbock, TX 79407

Monday, 1:30 – 3:00 pm; Thursday, 9:00 – 11:00 am

Require: Picture ID & Social Security Card

LUBBOCK DREAM CENTER (806) 793-3336

1111 30th Street (30th Street & Avenue L), Lubbock, TX 79411

Saturdays: Registration and coffee bar open 8:15 to 9:25 am;

Services in Chapel (optional) 9:30 to 10:30 am;

Pick up food sack at 10:30 am

Require: Picture ID & Social Security Card; Participants can get food every Saturday

MISSION LUBBOCK (806) 687-8452

1711 Upland, Lubbock, TX 79416

Tuesday & Wednesday, 10:00 am – 2:00 pm

REDBUD BAPTIST CHURCH – CHRIST’S CUPBOARD (806)

799-3832

801 Slide Road, Lubbock, TX 79416

Tuesdays, 1:00 – 4:00 pm

Require: Photo ID, Social Security Card &

Proof of address with a piece of mail received within last 30 days

TRINITY OUTREACH CENTER & STOREHOUSE (806)

788-0501

3027 34th Street, Lubbock, TX 79410

Food Pantry Hours: Monday & Tuesday, 9:00 – 11:00 am & 1:00 – 4:00 pm;

Wednesday & Thursday, 9:00 – 11:00 am

Require: Picture ID, Social Security Cards for all persons in household &

Proof of address with a piece of mail received within last 30 days

FOOD - SERVED MEALS

CARPENTER'S KITCHEN 1810 Main Street (Main & Avenue S), Lubbock, TX 79401 Sunday ONLY at Noon	(806) 763-0464
FIRST UNITED METHODIST CHURCH – Outreach Center 1520 13 th Street (13 th St & Avenue O), Lubbock, TX 79401 Tuesday, Thursday & Saturday, Noon – 1:00 pm	(806) 763-4607
HOPE COMMUNITY OF SHALOM – Fiesta Domingo 2005 Avenue T (20 th Street & Avenue T), Lubbock, TX 79411 Sunday at 5:30 pm	(806) 762-0829
LUBBOCK IMPACT, INC. 2707 34 th Street (34 th Street & Boston), Lubbock, TX 79410 Wednesday at 5:30 pm	(806) 799-4329
OPEN DOOR (formerly CARPENTER'S CHURCH) 1916 13 th Street, Lubbock, TX Sunday thru Saturday breakfast at 8:00 am (prepared by client)	(806) 687-2453
SAINT BENEDICT'S CHAPEL 1615 28 th Street, Lubbock, TX 79411 Monday thru Saturday, 5:00 pm; Sunday Worship Service at 8:30 am followed with Breakfast	(806) 771-9152
THE SALVATION ARMY 1614 Avenue J, Lubbock, TX 79401 Breakfast: Monday thru Friday at 6:00 am, Saturday & Sunday at 7:00 am; Lunch and Dinner: Monday thru Sunday at 5:00 pm	(806) 765-9434

FOOD VOUCHERS

South Plains Food Bank requires each Food Voucher Agency to have their clients provide proof of address with a piece of mail received within the last 30 days. Address on Drivers License or Picture ID is NOT sufficient.

COMMUNITY HEALTH CENTER OF LUBBOCK (CHCL) 1610 5 th Street, Lubbock, TX 79401 Monday thru Friday, 8:00 am – 5:00 pm, for Established PATIENT ONLY	(806) 765-2611
FIRST BAPTIST CHURCH - GLOBAL MISSION CENTER 2101 Broadway, Lubbock, TX 79401 Thursday, 2:00 – 4:00 pm Require: Picture ID & Proof of address with a piece of mail received within last 30 days	(806) 747-0281
FIRST UNITED METHODIST CHURCH 1411 Broadway, Lubbock, TX 79401 Monday, 10:00 am – 11:30 pm; Number Distributed at 10:00 am Issue one voucher to one family per month; limit issued is 25 per week. Require: Picture ID & Proof of address with a piece of mail received within last 30 days	(806) 763-4607

- INDIANA AVENUE BAPTIST CHURCH** (806) 797-9704
 9507 Indiana Avenue, (98th Street & Indiana Ave), Lubbock, TX 79423
 Thursday, 1:30 – 2:30 pm
 Issue one voucher to one family every 6 month; limit issued is 40 per week
 Require: Current Photo ID & Proof of current physical address from a utility bill,
 apartment lease or government food stamp award letter dated within last 30 days
- LAKERIDGE UNITED METHODIST CHURCH** (806) 794-4015
 4701 82nd Street, Lubbock, TX 79424
CALL to make sure vouchers are available; Wednesday at 10:00 am
 Issue one voucher per family – limited to 5 times a year
 Require: Picture ID, Social Security & Proof of address with a piece of mail received within last 30 days
- LUBBOCK CANYON UNITED METHODIST CHURCH** (806) 763-0519
 217 FM 1729 (Junction of FM 1729 and FM 40), Lubbock, TX 79403
 Third Saturdays, 9:00 – 11:00 am
 Issue one voucher per household per month
 Require: Picture ID & Proof of address with a piece of mail received within last 30 days
- LUBBOCK IMPACT, INC** (806) 799-4329
 2707 34th Street (34th Street & Boston), Lubbock, TX 79410
 Wednesday, 1:00 pm; ONLY 20 vouchers each week are available
 Require: Picture ID, Social Security Card for each family member, current utility bill,
 Proof of income & Proof of address with a piece of mail received within last 30 days
- METROPOLITAN COMMUNITY CHURCH** (806) 792-5562
 4501 University, Lubbock, TX 79413
 Office hours: Tuesday, Wednesday, Friday, 11:00 am to 4:00pm
 Issue Vouchers: Thursday, 5:00 to 6:30 pm; suggest you line up at 4:30 pm;
 ONLY 15 vouchers each week are available
 Require: Picture ID, Social Security Card &
 Proof of address with a piece of mail received within the last 30 days
- NEIGHBORHOOD HOUSE for LUTHERAN SOCIAL SERVICES** (806) 741-0459
 1212 13th Street, Lubbock, TX 79401
 Monday thru Thursday at 1:00 pm; Be there no later than 12:30 pm
 Issue one voucher to one household per 3 months; limit issued is 10 per day;
 Must not have received food assistance from other agency within the last 30 days
 Require: Picture ID, Social Security Card of everyone in household &
 Proof of address with a piece of mail received within the last 30 days
- SAINT JOHN'S UMC** (806) 762-0123
 1501 University Avenue (15th Street & University), Lubbock, TX 79401
 Tuesday, 1:30 - 2:30 pm
 Issue one voucher to one household per month
 Issued to those with an address within Lubbock city limits
 Require: Picture ID, Social Security Card for all in household &
 Proof of address with a piece of mail received within last 30 days
- SAINT LUKE'S UMC** (806) 797-4393
 3708 45th Street, Lubbock, TX 79413
 Thursday, 9:30 – 11:30 am
 Issue one medium food box voucher per household per 4 months
 Require: Two picture ID & Proof of address with a piece of mail received within last 30 days

SUNSET CHURCH OF CHRIST (806) 792-5191
3723 34th Street, Lubbock, TX 79410
Mondays, 1:30 – 3:30 pm to complete an application
If qualified, one voucher is issued every 90 days, up to 3 times a year.
Require: Picture ID, Social Security Card &
Proof of address with a piece of mail received within last 30 days

THE SALVATION ARMY (806) 765-9434
1614 Avenue J, Lubbock, TX 79401
*Call to schedule appointment
Social Service Hours: Monday thru Friday, 9:00 - 11:30 am
Require: Must have a referral from the SNAP office (DHHS office)

WESTMINSTER PRESBYTERIAN CHURCH - LOADS OF LOVE building (806) 722-0338
3308 34th Street, Lubbock, TX 79410
Thursday ONLY, 1:30 – 3:30 pm
If qualified, one voucher is issued to one household every 4 months.
Require: Picture ID, Social Security Card &
Proof of address with a piece of mail received within last 30 days

MEDICAL RESOURCES

CHCL - ARNETT BENSON MEDICAL CLINIC (for DENTAL see DENTAL RESOURCES) (806) 763-5557
3301 Clovis Road, Lubbock, TX 79415
*Call for an appointment; \$25 minimum fee based on a sliding scale.
Monday thru Friday, 8:00 am – Noon & 1:00 – 5:00 pm

CHCL - CHATMAN COMMUNITY HEALTH CENTER (806) 749-0024
2301 Cedar Avenue, Lubbock, TX 79404
*Call for appointment; \$25 minimum fee based on a sliding scale.
Monday thru Friday, 8:00 am – 5:00 pm

CHCL - COMMUNITY HEALTH CENTER OF LUBBOCK, Main Site Call Center (806) 765-2611
1610 5th Street, Lubbock, TX 79401 fax (806) 765-2604
*Call for appointments; \$25 minimum fee based on a sliding scale.
ADULT & WOMEN'S CLINIC: Monday thru Friday, 8:00 am – 5:00 pm
DENTAL CLINIC: See DENTAL RESOURCES Category
EYE CLINIC: Monday thru Friday, 8:00 am – Noon & 1:00 pm - 5:00 pm
PEDIATRIC CLINIC: Monday, Wednesday, Friday, 8:00 am – 5:00 pm; Tuesday, Thursday, 8:00 am – 6:00 pm

CHCL – MOBILE MEDICAL UNIT (806) 765-2611
*Call for an appointment; \$25 minimum fee based on a sliding scale.
Unit Locations and Hours of service vary

CHCL – PARKWAY CLINIC (806) 765-2611
406 MLK Boulevard, Lubbock, TX 79403 After 5:00 pm and Weekends (806) 767-9744
*Call for appointment; \$25 minimum fee based on a sliding scale.
Monday thru Wednesday, 8:00 am – Noon & 1:00 – 10:00 pm
Thursday & Friday, 8:00 am – Noon & 1:00 – 5:00 pm
Saturday, 9:00 am – 5:00 pm;
Sunday, Noon – 5:00 pm

CHCL – WEST MEDICAL CLINIC (for DENTAL see DENTAL RESOURCES) (806) 765-2611
5424 19th Street, Lubbock, TX 79407
*Call for appointment; \$25 minimum fee based on a sliding scale.
Monday thru Friday, 9:00 am – Noon & 1:00 – 6:00 pm
Saturday, 9:00 am – 2:00 pm

COVENANT COMMUNITY OUTREACH DIABETES EDUCATION SERVICES (806) 725-5218
3506 21st Street, Suite 105, Lubbock, TX 79410
*Call for schedules
FREE diabetes information and classes:

- Participate in Health Fairs to disseminate diabetes information;
- Individual appointments for education on diabetes, cholesterol, hypertension;
- Provide health education for elementary school classrooms on diet and exercise for disease prevention;
- Provide health presentations for community, faith-bases and school groups.

LUBBOCK IMPACT, INC (806) 799-4329
2707 34th Street (34th Street & Boston), Lubbock, TX 79410
Medical Clinic each Wednesday at 6:00 pm;
Registration begins at 4:00 pm
No appointments accepted; Insurance disqualifies applicant

SICK CHILDREN’S CLINIC (806) 762-1805
1002 Avenue A, Lubbock, TX 79401-3507

- Totally free medical services (including medicine) for children ages Newborn to 16 years of age;
- Walk-In patients ONLY, no appointments needed;
- Must call for available hours (hours of service change daily because doctors are volunteers);
- Medicaid, CHIP or any other insurance is NOT required;
- Children MUST be sick to receive medical services, so well baby checks, immunizations and/or school physicals are NOT available.

TEXAS DEPARTMENT of STATE HEALTH SERVICES (DSHS) (806) 744-3577
6302 Lola Avenue, Lubbock, TX 79424
*Call for information and appointment
Monday thru Friday 8:00 am – Noon & 1:00 – 5:00 pm;
Services:

- Children with special health care needs;
- Family health services;
- Immunizations;
- Texas health steps;
- STD & HIV testing;
- Vision & Hearing screening

TTUHSC LARRY COMBEST COMMUNITY HEALTH & WELLNESS CENTER

Two Convenient Clinic Locations, not free clinics

Larry Combest Community Health and Wellness Center

301 40th Street, Lubbock, Texas (806) 743-9355

*Call for appointments and information!

Monday thru Friday, 8:00 am to 8: pm; AND Saturday, 8:00 am to 1:00 pm

Combest Central Community Health Center

2424 50th Street, Suite 302, Lubbock, Texas (806) 743-2424

*Call for appointments and information!

Monday thru Friday, 8:00 am to Noon AND 1:00 to 5:00 pm

Services:

- Primary Healthcare Services for all ages
- Behavioral Health
- Prenatal/Midwifery Services
- Diabetes Education
- Prescription Assistance
- Transportation, call for this service

Patient-Centered Care, Complete Healthcare for All Ages

Medicaid, Medicare, Commercial Insurance, Self-Pay, Sliding Scale Fee- Based on Income

Now accepting new patients. SE HABLA ESPANOL

Need to bring: 1) Proof of income for all persons in house,

2) Social Security information

3) Unemployment form, if applicable

UNIVERSITY MEDICAL CENTER

(806) 775-8200

602 Indiana Avenue, Lubbock, TX 79408

VETERAN’S OUTPATIENT MEDICAL CLINIC

(806) 472-3400

6104 Avenue Q, South Drive, Lubbock, TX 79412

*Call for information Monday thru Friday, 8:30 am – 4:30 pm

Requirement: MUST have DD 214 to register

Medical services for Lubbock Veterans and assistance in obtaining VA Benefit

Benefits through Texas Veterans Commission, call.....

(806) 472-3490

A Full range of services is available in Amarillo through the VA Medical Center

and the Homeless Shelter and Service Center in Amarillo, call toll free

(800) 687-8262

Note: For counseling services, see LUBBOCK VETERAN’S SERVICES under COUNSELING SERVICES Category above.

YWCA OF LUBBOCK - Women’s Health Initiative

Main Number for Women’s Health Initiative (806) 687-8858

Legacy Event Center, 1500 14th Street, Lubbock, TX 79401

Visit the website: www.ywcalubbock.org

Services: Coverage for breast and cervical procedures

Registration packets are available on the YWCA website

For the many OTHER YWCA Services, Call Main Number for **ALL OTHER YWCA** Services

(806) 792-2723

MEDICAL RESOURCES - OTHER

BLUE CARD PROGRAM at UNIVERSITY MEDICAL CENTER (806) 775-9014
3204 4th Street, Lubbock, TX 79415
*Call for phone screening and appointment Monday thru Friday, 8:00 am – 5:00 pm
Fees: \$10 clinic, \$5 meds, \$25 ER, \$0 Labs
Require: Must be an adult and reside in Lubbock County

MISSION LUBBOCK (806) 687-8452
1711 Upland Avenue, Lubbock, TX 79416
Tuesday & Wednesday, 10:00 am – 2:00 pm
Medical Equipment: wheelchairs, walkers, crutches, potty chairs, shower stools, disposable bed pads, etc.

SOUTH PLAINS COMMUNITY ACTION ASSOCIATION, PROJECT CHAMPS (806) 771-0736
3307 Ave. X (34th & Avenue X), Lubbock, TX 79411
*Call for information and appointment
Eligibility Requirements: Must be HIV positive and Must live in Texas
The purpose of Project CHAMPS' funding is to improve the quality, availability, and organization of health care and support services for individuals with HIV infections and their families. Funding is specifically for individuals living with HIV and/or AIDS who need it most (those without any other means of paying for needed care and treatment).
Project CHAMPS' Service Area consists of the following counties: Bailey, Cochran, Crosby, Dickens, Floyd, Garza, Hale, Hockley, King, Lamb, Lubbock, Lynn, Motley, Terry and Yoakum.

WOMEN'S PROTECTIVE SERVICES
Visit website: www.wpslbk.org

Shelter Staff Number	(806) 745-3977
Administrative Office	(806) 748-5292
Hotline Number	(806) 747-6491
Emergency call:	911

MENTAL HEALTH: STARCARE SPECIALTY HEALTH SYSTEM (formerly Lubbock Regional MHMR Center) MAIN NUMBER (806) 766-0310

SERVICES AT: 3804 I-27, Lubbock, TX 79412:

ADMINISTRATION/HUMAN RESOURCES (806) 766-0212

STAR ABILITIES (806) 766-0310
Intellectual and Developmental Disabilities:
Day Habilitation, Host Home Providers, and Nursing Services

VETSTAR --- Coordinated by Veterans Resource Coordination Group (VRCG) (806) 470-9317
Services for Veterans:

- offer one-time financial assistance with rent and utilities;
- acquire mental health assistance;
- bus passes;
- provide assistance to apply for GI educational benefits

SERVICES AT: 4010 22nd Street, Lubbock, TX 79410 (formerly La Paloma):

SILVER STAR (806) 740-1500
Program of All inclusive Care for the Elderly (PACE)

SERVICES AT: 3315 East Broadway, Lubbock, TX 79403:

ADMINISTRATIVE AGENCY for HIV SERVICES, Ryan White Part B (medical, medication, etc.) (806) 766-0308

ADULT MENTAL HEALTH OUTPATIENT CLINIC, REHABILITATION and ACT (806) 766-0268

CHILDREN & ADOLESCENT MENTAL HEALTH SERVICES (806) 740-1416

Continued on Next Page

HIV OUTREACH (806) 928-7382
Free and Confidential HIV and Syphilis testing, education and risk reduction
Contact Tamara Tucker at 806-928-7382 for more information.

POST-PARTIUM PREGNANCY INTERVENTION (806) 239-7753
Contact Erin Munoz at 806-466-3298 or Nikole Hernandez 806-548-7151 for more information.

SERVICES AT: 1950 Aspen, Lubbock, TX 79408:

SUNRISE CANYON PSYCHIATRIC HOSPITAL (806) 740-1420
TRIAGE/ASSESSMENT SERVICES (806) 741-1421
24/7 CRISIS SERVICES (806) 740-1414
CRISIS STABILIZATION UNITY (806) 740-1595
METHADONE SERVICES (806) 740-1571

MENTAL HEALTH SUPPORT GROUPS

FAMILY-TO-FAMILY (806) 783-9268
Meets weekly for individuals who have a loved one that has a mental illness
Tuesdays 6:30 – 8:00 pm
Contact person: Brandi Ivey
Location: Oakwood Baptist Church
6002 Avenue U (60th & Ave. U), Lubbock, TX 79412

NAMI CONNECTON (806) 783-9268
A weekly recovery support group for people living with mental illness in which people learn from each others' experiences, share coping strategies, and offer each other encouragement and understanding.
Tuesdays 6:30 – 8:00 pm
Contact person: Brandi Ivey
Location: Oakwood Baptist Church
6002 Avenue U (60th & Ave. U), Lubbock, TX 79412

NAMI MONTHLY PROGRAMS (806) 783-9268
Open to the public
Every 4th Tuesday of the month 7:00 – 8:00 pm
Contact person: Brandi Ivey
Location: Oakwood Baptist Church
6002 Avenue U (60th & Ave. U), Lubbock, TX 79412

NATIONAL ALLIANCE ON MENTAL ILLNESS (NAMI) (806) 783-9268
Lubbock Chapter, *Call for more information (806) 239-0159

REFUGE SERVICES Office (806) 748-7202
8404 MLK Boulevard, Lubbock, TX 79404 Director's Direct Line (806) 790-6664
Visit website: www.refugeservices.org E-mail: information@refugeservices.org
*Call for information and appointment: Monday thru Friday, 8:00 am – 5:00pm
Group counseling at no cost to Operation Iraqi Freedom (OIF) &
Operation Enduring Freedom (OEF) veterans & active military
using horses (Equine-assisted Psychotherapy)
Group format available for individual, child, family, marital
Contact Person: Patti Mandrell, M.Ed., LPC, EAP III, Director of Therapy Services

MISCELLANEOUS SERVICES

ADOPTION COVENANT

(806) 741-0268

1304 16th Street, Lubbock, TX 79401

Visit website for more information: www.adoptioncovenant.org

Adoption services and providing assistance to birth mothers with education, counseling, and community resources.

AREA AGENCY ON AGING – CARE COORDINATION

(806) 687-0940

P.O. Box 3730, Freedom Station, Lubbock, TX 79452

toll free (888) 418-6564

Open since 1970 serving Lubbock County and surrounding 14 counties

*Call for information and appointment

SUPPORTIVE SERVICES:

Caregiver Program: Caregiver program provides support needed by families to help maintain their caregiver roles.

People caring for someone 60 or older may be able to get assistance to help the caregiver obtain short-term relief through respite voucher.

- Emergency Response system ERS
- Residential Repair: Minor home repairs & Ramps. Individual must own their home
- Health Maintenance: Adult diapers, Bed pads, Wipes, Gloves, Ensure, and Lift Chair

Benefits Counseling: Assist with the following services

- Low Income Subsidy: Extra Help with prescription drugs
- Medicare Premiums
- Assist with Social Security Question
- Application assistance with Medicare/Medicaid
- Open Enrollment for Medicare part D

Care Coordination Program: Assist individual 60 and over

- Eye Exam and Glasses
- Hearing Aids
- Durable Medical Equipment
- Minor residential repair (must own your home)
- Medical Transportation

(continue on next page)

- Adult Day Care
- Homemaker services
- Chore Maintenance (Lawn and house Cleaning)

Ombudsman Program: The Ombudsman program can help ensure that Nursing home residents get the care they want and are treated with dignity they deserve. Ombudsman support and promotes the health, safety and rights of residents.

If you would like to volunteer to be an Ombudsman contact the Area Agency on Aging.

BUCKNER MATERNITY SERVICES

(806) 795-7151

129 Brentwood Avenue, Lubbock, TX 79416

*Call for more information.

Since 1879, Buckner has ministered to women and families in need of help and guidance, empowering them to achieve their goals and flourish in life. Our experienced licensed therapists are available at no cost to help women experiencing an unplanned pregnancy determine the best path for them, whether it is parenting or an open adoption plan. Using evidence based, ethical practice, we help women from diverse backgrounds with a variety of concerns.

Buckner is also connected to an extensive network of civic and church-based resources across the state, each of which is ready to provide clients with practical assistance and support.

Buckner offers:

- Personalized Counseling which includes examining educational goals, employment goals, parenting and providing for the baby, creating a nurturing environment for the baby and counseling to help clients sort through the process of making an adoption or parenting plan for their child.
- Family and support system counseling.
- Post-pregnancy support.
- Encouragement.

CHILD SUPPORT - Texas Attorney General's Office

4630 50th Street, Suite 200, Lubbock, TX 79414

Visit website: www.oag.state.tx.us

(806) 767-0521
(no local phone number)

CHILDREN'S CONNECTIONS, INC.

2514 82nd Street, Suite G, Lubbock, TX 79423

Visit website for more program information: www.childrensconnections.org

(806) 745-7995

Serving Texas Families since 1987 by connecting hearts through adoption, caring for those who care for children, improving access to quality child care and strengthening families.

Population Served:

- Pregnant women
- Parents
- Adoptive families
- Children with special needs

Pregnancy Support Services:

- Crisis case management
- Help to obtain services: Medicaid, Food Stamps, TANF
- Help to obtain crime victim services
- Counseling & referral services
- Crisis intervention & advocacy
- Preparation for childbirth
- Help with high risk health needs
- Assistance with legal & medical appointments
- Financial assistance
- Infant adoption services, if desired
- Follow-up support

(continue on next page)

Parenting Services:

- Case management for parents of infants, toddlers & special needs children
- Parenting classes
- Infant care assistance
- Child adoption services, if desired
- Advocacy if you are at risk of child removal
- Counseling & referral services

COMMUNITY HEALTH CENTER OF LUBBOCK

(806) 765-2611

Diabetes Self Management and Nutrition Classes 8 week course, including clinical data such as A1C, Blood Pressure, Cholesterol, BMI is gathered at every Class. Live cooking demonstrations and we will help connect the participants with our Medical, Dental, Vision, Mental Health, Women's Health Providers.

*Call for a location nearest to you.

FAMILY COUNSELING SERVICES – Showers

(806) 747-3488

5701 Avenue P, Lubbock, TX 79412 (access by Citibus route)

SHOWERS available Monday thru Friday, from Noon to 7:00 pm; Call for availability

FOOD STAMPS, TANF & MEDICAID - Texas Health and Human Services Commission

(806) 744-7632

1716 Parkway, Lubbock, TX 79403

LEGAL AID OF NORTHWEST TEXAS

1711 Avenue J, Lubbock, TX 79401

(806) 763-4557 ext. 6012

Toll free (800) 933-4557 ext. 6012

*Call for information and appointment

Services are free civil legal services (**no criminal**) at our office and during after-hours clinicsRequire: Must call Legal Aid of Northwest Texas for prescreening and an appointment day and time;

Please bring any paperwork or materials that are relevant to your legal issues.

After-hours clinic locations:

MAE SIMMONS, 2004 Oak Avenue (23rd Street & Oak Avenue);1st Thursday of February, March, April, May, September, October, November**ST. JOHN'S UMC**, 1501 University Avenue (15th Street & University);2nd & 4th Tuesday of each month**LEGAL AID SOCIETY, INC. – Family Law Cases only**

(806) 762-2325

916 Main Street, Suite 103, Lubbock, TX 79401

*Call for information and appointment

For application: Monday thru Thursday, 8:30 am – 4:00 pm; Friday, 8:30 – 11:00 am

LIFE/RUN CENTER FOR INDEPENDENT LIVING

(806) 795-5433

8240 Boston Avenue, Lubbock, TX 79423

Visit website or call for more program details: www.liferun.org

Offers many services to support individuals and groups desiring to live a full and productive life with a disability:

- Information and Referral Services to provide comprehensive information about community resources
- Advocacy to navigate service delivery systems
- Peer Support to mentor those dealing with life's many issues
- Independent Living Skills Training to acquire needed skills for independent living
- Job Readiness Training to encourage maximum employment opportunity
- Home By Choice Nursing Home Relocation Services to assist transition into community-based location
- Personal Assistance Services to assist with activities of daily living in the home
- Payee Services to manage SS benefits (LIFE/RUN is an approved Representative Payee of Social Security benefits)
- Gettin' Fit & Lovin' It! Health & Fitness Program to attain a healthy lifestyle

(continue on next page)

- Dignity U Wear partners with LIVE/RUN to provide new clothing to increase employability and self-esteem
- ASL Interpreting to offer qualified Sign Language Interpreters for communication in the community
- Social & Recreational opportunities to avoid isolation, depression and encourages inclusion in the community
- Braille Services to provide transcription of printed materials into an accessible format for individuals who are blind
- Services for people who are Deaf or Hard of Hearing, including advocacy, assistive devices, assessments and referrals.
 - For Deaf services, 806-686-0067;
 - For Hard of Hearing services, 806-796-3910 and
 - For Specialized Telecommunication Assistance Services Program (STAP), 806-795-5433.

LUBBOCK DREAM CENTER

(806) 793-3336

1111 30th Street (30th Street & Avenue L), Lubbock, TX 79411

*Call the Lubbock Dream Center for more information on the following programs/services.

- Weekend Church Services: each service includes praise and worship, a Bible-based word of encouragement, and prayer.
Sunday, 9:30 am & 11:15 am; Saturday, 9:30 am
Children's Classes are available for our Sunday services
- Bloom Women's Ministry: offers discipleship and mentoring classes specifically designed for women. Childcare is provided. Mondays, 6:00 pm
- Ignite Men's Ministry: an opportunity for men of all ages to come together for prayer,
- Bible study and accountability. Childcare is provided. Mondays, 6:00 pm
- Celebrate Recovery: a weekly biblically based program that helps overcome the hurts, hang-ups, and habits that are holding us back from walking in total freedom. Fridays, 6:30 pm
- A Cut from Above: Free haircuts to those in need. To schedule a haircut or styling appointment, call the Lubbock Dream Center. Appointments on Mondays only.
- Parenting Classes: by MCH Family Outreach (CPS approved classes) Mondays, 12:30 - 1:30 pm.

LUBBOCK RAPE CRISIS CENTER (LRCC), dba VOICE OF HOPE

(806) 763-3232

Visit website for more information: www.voiceofhopelubbock.org

All services provided for victims are free of cost. Assistance is also available for victims, family and friends (ANYONE effected by sexual assault and/or sex trafficking)

- **24-Hour Services:**
24-Hour Crisis Hotline: Staff and Volunteers work the hotline and are trained extensively in handling immediate outcry and delayed outcry calls. Calls fielded on the hotline are also from law enforcement and the hospitals dispatching an advocate to assist sexual assault survivors.
24-Hour SANE Services: Trained Certified Sexual Assault Nurse Examiners (SANE) are available to perform forensic medical examinations to victims of sexual assault and offer testimony when cases go to court.
24-Hour Medical Accompaniment: Advocates are dispatched to hospitals to meet with the survivor, family members, law enforcement and the SANE nurse. Advocacy is provided throughout the sexual assault forensic exam.
- **Counseling Services:** LRCC offers individual counseling, support and therapeutic groups to Survivors, Family and/or Significant Others affected. All counseling services are provided by a licensed counselor and services are free of charge.
- **Law Enforcement Accompaniment:** An Advocate is present at the hospital when the victim gives their statement to a police officer as well as when the formal statement is given to the detective assigned to investigate the case.
- **Case Follow Up and Referral:** Three (3) to five (5) working days after the initial intake, LRCC follows up with survivors to make sure they are doing alright, and to schedule an appointment, if necessary to assist with Crime Victim's Compensation paperwork.
- **Judicial Accompaniment:** When notified that a case is going to trial, LRCC is available to the survivor during the entire process.
- **Community Education/Prevention:** LRCC endeavors to educate Lubbock and surrounding rural communities on the issues of sexual assault in addition to methods for Sexual Assault prevention for all ages.

MISSION LUBBOCK

(806) 687-8452

1711 Upland, Lubbock, TX 79416

Tuesday, Wednesday, 10:00 am – 2:00 pm

Household items, furniture, personal hygiene, medical equipment, household cleaning supplies

OPEN DOORS & COMMUNITY CENTER

(806) 687-2453

1916 13th Street, Lubbock, TX 79401www.carpenterslubbock.org

- For special events visit Carpenter’s Facebook: www.facebook.com/carpenterslubbock
- For detailed Schedule of Community Center Activities, Go to Home page on website, “What We Do,” “Meeting Times,” or email: jwheeler@carpenterslubbock.org to confirm current schedule.
- Sunday Worship Service at 10:15 a.m. Wednesday Service at 5:30 p.m.
- Community Center open: Sunday 7:30 a.m. to Noon;
Monday thru Friday 7:30 a.m. to 4:00 p.m.;
October thru March open Saturdays 7:30 a.m. to 4:00 p.m.

NOTE: Help is available for the homeless to acquire their birth certificates and ID’s.

PARENT LIFE LUBBOCK

(806) 283-8030

2621 34th Street, Lubbock, TX 79410www.yfclubbock.org “Impacting lives two generations at a time.”

Contact person: Devin Vergara

- Serving pregnant and parenting teens, moms and dads up to age 19. ID is required.
- Providing a holistic ministry type support group Tuesdays from 6:00 pm – 8:00 pm
- Class attendance is required to receive dinner and diapers.
- Points program is available to earn items from the baby boutique.

SOCIAL SECURITY OFFICES

(806) 799-2520

5825 16th Street, Lubbock, TX 79416

(800) 772-1213

www.socialsecurity.gov**SOUTH PLAINS COMMUNITY ACTION ASSOCIATION, INC. (SPCAA)**

(806) 894-6104

411 Austin Street, Levelland, TX 79336

(800) 782-5028

www.spcaa.org *Call or check the website for the many programs available.

Monday thru Thursday, 7:30 am – 5:30 pm; Friday, 8:00 am - 1:00 pm

Programs:

- SPCAA administers federal, state, and local contracts for social service - and health and human service-based programs to clients in a 47-county rural West Texas area surrounding Lubbock to promote self sufficiency and improved quality of life;
- Consumer Directed Services Agency (CDSA) serving as a Fiscal payroll agent for Medicaid Waiver recipients enrolled in CBA, PHC, CLASS, TXHML, HCS, MDCP, and PCS; and
- Other available programs include Head Start, SPARTAN Public Transportation, WIC, Section 8 Voucher Program, and Workforce Solutions South Plains.

SOUTH PLAINS COMMUNITY ACTION ASSOCIATION, INC. (SPCAA - WIC)

(866) 907-0080

www.spcaa.org

Women, Infants and Children (WIC) Program for Women, Infants, Children

Monday thru Thursday 7:30 am – 5:30 pm; Friday, 8:00 am - 1:00 pm

Call: For appointments, To start services, To transfer your WIC from one location to another clinic, or For any other questions or concerns.

Serving: Alpine, Andrews, Big Lake, Big Spring, Brady, Brownfield, Denver City, Eldorado, Fort Stockton, Freedom, Junction, Kermit, Lamesa, Levelland, Marfa, McCamey, Midland, Monhans, Morton, Odessa, Ozona, Pecos, Post, Presido, Seminole, Slaton, Sonora, Spur, Stanton, Tahoka and Van Horn. In Lubbock: CELIA ANN, FREEDOM, CENTRAL AND PARKWAY

TEXAS WORKFORCE COMMISSION

(806) 350-1649

Contact information for Regional Manager in West Texas:

Norman Bearden, Veterans Resource Coordinator for Texas Veterans Leadership Program

Cell phone: **(806) 282-1146** Work phone: **(806) 350-1649**Email: norman.bearden@twc.state.tx.usWebsite: www.twc.state.tx.us/tvlp/tvlp.html

Goal is connect resources that can provide basic needs and/or resources that can help

Veterans attain personal and professional goal.

This is a program under a major state initiative called the Texas Veterans Leadership Program (TVLP)

Committed to assisting:

Operation Enduring Freedom (OEF),

Operation Iraqi Freedom (OIF), and

Operation New Dawn (OND)

Serving Military, Guard, Reserve members or Veterans

Assistance in the following areas:

- Employment
- Family Services/Counseling
- Disability Claims/Benefits
- Educational and Training
- Benefits for OIF/OEF Special Programs and Services
- Home and/or Land Procurement (VA & Texas Veterans Land Board)
- Emergency Financial Assistance

VOICE OF HOPE, see LUBBOCK RAPE CRISIS CENTER (LRCC)**WESTMINSTER PRESBYTERIAN CHURCH**

(806) 722-7427

3308 34th Street, Lubbock, TX 79410 (Loads of Love building address)

Monday & Wednesday, 10:00 am – 5:00 pm;

MINISTRIES available at Loads of Love Building:

- Laundry available in LOADS OF LOVE Building - for Women and Children Only
Please observe the listed available times. Last load: 1 ½ hours prior to closing each day.
Require: Pay 25 cents per load to wash and dry with a maximum of 2 loads per day. Detergent provided.
- Internet Searches
- Sewing Classes

PRESCRIPTION ASSISTANCE RESOURCES

BROADWAY CHURCH OF CHRIST

(806) 763-0464

1924 Broadway, Lubbock, TX 79401

*Call for information prior to arriving

Monday thru Thursday, 9:00 am - 5:00 pm; Friday, 9:00 am - 3:00 pm

\$30 per individual every 90 days

CATHOLIC CHARITIES, DIOCESE OF LUBBOCK

(806) 765-8475

102 Avenue J, Lubbock, TX 79401

Visit website: www.cclubbock.org

*Offered on a walk-in basis every day EXCEPT Thursday from 10:00 am to 3 pm.

Require: Proof of income (SSI/Disability, Child Support Letter, Food Stamp letter,

last two (2) paycheck stubs, or Texas Workforce letter)

LUBBOCK IMPACT, INC.

(806) 799-4329

2707 34th Street (34th Street and Boston), Lubbock, TX 79410

Can provide assistance ONLY if individual is seen by Lubbock Impact's physicians.

NEIGHBORHOOD HOUSE for LUTHERAN SOCIAL SERVICES

(806) 741-0459

1212 13th Street, Lubbock, TX 79401

Monday thru Thursday, 10:00 am – 3:00 pm

\$20 for medication one time per year; Prescription must be purchased from United Coalition Pharmacy;

Require: Picture ID, Social Security Cards & a bill showing address within last 30 days.

TTUHSC LARRY COMBEST COMMUNITY HEALTH & WELLNESS CENTER

Two Convenient Clinic Locations. Not free clinics

Larry Combest Community Health and Wellness Center

301 40th Street, Lubbock, Texas

(806) 743-9355

*Call for appointments and information!

Monday thru Friday, 8:00 am to 8: pm; AND Saturday, 8:00 am to 1:00 pm

Combest Central Community Health Center

2424 50th Street, Suite 302, Lubbock, Texas

(806) 743-2424

*Call for appointments and information!

Monday thru Friday, 8:00 am to Noon AND 1:00 to 5:00 pm

Services:

- Primary Healthcare Services for all ages
- Behavioral Health
- Prenatal/Midwifery Services
- Diabetes Education
- Prescription Assistance
- Transportation, call for this service

Patient-Centered Care, Complete Healthcare for All Ages

Medicaid, Medicare, Commercial Insurance, Self-Pay, Sliding Scale Fee- Based on Income

Now accepting new patients. SE HABLA ESPANOL

Need to bring: 1) Proof of income for all persons in house,

2) Social Security information

3) Unemployment form, if applicable

RENT AND / OR UTILITIES ASSISTANCE

CATHOLIC CHARITIES, DIOCESE OF LUBBOCK

(806) 765-8475

102 Avenue J, Lubbock, TX 79401

Visit website for other programs: www.cclubbock.org

*Call Thursday at 8:00 am to schedule appointment

NOTES: NO RENT MONEY AVAILABLE / UTILITIES ASSISSTANCE ONLY:

Cannot help once services have been disconnected,

Cannot pay for startup LP&L deposit, or reconnect fees.

LUBBOCK COUNTY GENERAL ASSISTANCE

(806) 775-1605

916 Main Street, Suite 104, Lubbock, TX 79401

FAX (806) 775-7982

* **Call to schedule appointment**

Require: Photo ID & Social Security Card of all members in household

NEIGHBORHOOD HOUSE for LUTHERAN SOCIAL SERVICES

(806) 741-0459

1212 13th Street, Lubbock, TX 79401

***Call to schedule appointment;** Serving Lubbock County residents

Mondays, 8:00 am – Noon

UTILITIES ONLY & Cannot help with deposits, old bills, reconnects, etc.

SOUTH PLAINS COMMUNITY ACTION ASSOCIATION, INC. (SPCAA – Rural Utilities) (800) 782-5028
411 Austin Street, Levelland, TX 79336
Visit website: www.spcaa.org Call or check the website for the many programs available.
Monday thru Friday, 8:00 am - Noon & 1:00 - 5:00 pm
Assists with utilities for the 14 rural counties outside of Lubbock County which include Bailey, Cochran, Crosby, Dickens, Floyd, Garza, Hale, Hockley, King, Lamb, Lynn, Motley, Terry, and Yoakum.

THE SALVATION ARMY (806) 765-9434
1614 Avenue J, Lubbock, TX 79401
***Call to schedule appointment;**
Social Service Hours: Monday thru Friday, 9:00 – 11:30 am

SUBSTANCE/ALCOHOL ABUSE RESIDENTIAL TREATMENT

ALCOHOL RECOVERY CENTER (806) 762-5626
Male Residential

LUBBOCK FAITH CENTER (806) 762-8086
2809 Clovis Road, Lubbock, TX 79415
Male and Female Residential

MANAGED CARE CENTER Residential Facility (806) 797-8003
Offices in Lubbock, Amarillo, Plainview and Crosbyton Administrative and Outpatient Office (806) 780-8300
Visit website: www.mccaod.com

Programs available with Managed Care Center:

- Intensive and Supportive Residential substance abuse treatment for adult males and females
- Outpatient treatment for adult and adolescent males and females
- Co-Occurring Substance Abuse and Mental Health Services
- Youth Prevention Programs; Prevention Resource Center
- Employee Assistance Program
- Community Coalition Program – In Hockley County, V.O.I.C.E.S.
- HIV Early Intervention Program

TRANSPORTATION RESOURCES

CITIBUS

Main Office: 801 Texas Avenue, Lubbock, TX 79401

(806) 712-2000

Downtown Transfer Plaza (DTP) 801 Broadway, Lubbock, TX 79401

(806) 762-0111

Visit website for more information: www.citibus.com

FARES: Adults 1 way: \$1.75; Adults All Day: \$3.50; Children 6-12: \$1.25; Children 5 and under ride free. Medicare, Seniors, Persons with Disabilities (with proper ID - Seniors are persons 65 years of age or older) \$0.85 (must have correct change – no bus pass).

CITIACCESS: Service for special needs citizens (that are not able to ride the regular routes) must apply at Citibus Office or online. Call (806) 712-2000, ext. 236. Doctor must fill out form; Medical assessments for CitiAccess eligibility are available at Citibus every Tuesday by appointment. Fares are as follows: Regular Service Area \$3.50; Extended Service Area \$11.50; Premium Service Area \$15.50; 20 Ride Ticket Book \$70.00. Same Day Service Surcharge Fare + \$3.00; and Alternate Destination Surcharge \$7.25. **CitiAccess runs from 5:25 a.m. to 7:45 p.m., Monday - Friday, and from 6:45 am - 8:00 pm on Saturday.**

South Plains Food Bank (SPFB) RIDE: Citibus provides bus service from the Downtown Transfer Plaza (DTP) at 801 Broadway to the South Plains Food Bank (SPFB). Monday through Friday, check in at 10:30 AM. Bus leaves DTP at 10:50 AM. Transportation is provided to clients who have already obtained a SPFB voucher, then the bus drops off riders at their homes. Call (806) 712-2000, press 1 for English or 2 for Spanish, then option 1 for more details. Citibus does not hand out food vouchers, but the food voucher serves as your bus pass.

UNITED SHOPPER: Citibus provides the United Shopper service to citizens in our community that cannot ride the regular routes and have no other means of transportation. This is a door-to-door service. Four times a week, Citibus will pick up passengers and take them to the grocery store and then return them to their home. Interested individuals must complete an application to be considered for this service. Contact Citibus at (806) 712-2000 ext.227 for more information.

NITERIDE: Citibus provides service after hours for \$4.50 per one way trip. Passenger must apply on line or in person at Citibus. Trips must be scheduled 24 hours in advance and may be scheduled 1 week in advance and are booked on a first come first serve basis. Same day trips are \$7.50; Premium Service Area fares \$15.00 and 25- Ride Ticket books are available for \$100.00. **NiteRide runs until 10:30 pm Monday - Friday.**

PASSES: Citibus does not issue transfers. Passengers must pay the fare EACH TIME they board the bus, or purchase a pass for unlimited trips.

Day Pass.....	\$3.50
Weekly Pass.....	\$14.50
Monthly Pass.....	\$50.00
CitiWorks (includes ½ off NiteRide).....	\$51.25
CitiSummer Pass**.....	\$52.50
CitiKids Pass**.....	\$52.50
Citibus U Pass*.....	\$52.50

**CitiSummer and CitiKids passes are available for children 6 to 18. The passes allow unlimited rides on the fixed route for summer, fall semester, and spring semester. Proof of age is required at time of purchase.

*University students must show proof of enrollment for the Citibus U Pass.

TTU Students ride all buses free with TTU Student ID.

Passes are half price for seniors (65 & older), persons with disabilities and Medicare card holders.

Daily, Weekly, and Monthly Passes:

May be purchased at either the Downtown Transfer Plaza (DTP) at Broadway & Buddy Holly
Or at the Citibus Main Office at 801 Texas Avenue.

CitiSummer, CitiKids, CitiWorks and Citibus U Passes must be purchased at Main Office at 801 Texas Avenue.

Citibus coupons are available in the City of Lubbock Activity Guide Book, published 3 times a year.

NOTE: New route to/from Texas Department of Public Safety and Kings Dominion Housing Development on Wednesdays starting at 9:20 am.

CITY OF LUBBOCK SENIOR CENTER

(806) 767-2710

2001 19th Street, Lubbock, TX 79411

\$1 **TO** Senior Center and \$1 **FROM** Senior Center only, within City limits

SOUTH PLAINS ASSOCIATION OF GOVERNMENT (SPAG)

(806) 762-8721

Medical transportation ONLY for medical appointments within City limits;
Must be at least 60 years of age; Approval may take several days or weeks.
Call Linda Routers for detailed information and to complete application

SPARTAN PUBLIC TRANSPORTATION

(806) 894-3800

A division of South Plains Community Action Association (SPCAA)

(800) 462-8747

Check website for more information: www.spartantransit.com

Transportation Programs:

- Schedule a Ride (reservations 24 hours in advance, shared ride public services)
- County Service (17 counties listed above)
- SPC Express (to and from South Plain College campuses)
- School Routes (Sundown, Brownfield, Littlefield, Levelland – not high school)
- Demand Service Routes (reservations one week in advance)
- Business Transportation (help businesses recruit and retain quality employees)

Serving transportation for 17 counties in Texas: Bailey, Cochran, Crosby, Dickens, Floyd, Garza, Hale, Hockley, King, Lamb, rural Lubbock, Lynn, Mitchell, Motley, Scurry, Terry, and Yoakum.

WESTMINSTER PRESBYTERIAN CHURCH - LOADS OF LOVE building

(806) 722-0338

3308 34th Street, Lubbock, TX 79410

Thursday ONLY, 1:30 – 3:30 pm

Gasoline Voucher: One time ONLY

Require: Valid Driver’s License, Social Security Card &

Proof of current address with a piece of mail received within last 30 days

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About the SOUTH PLAINS HOMELESS CONSORTIUM – WWW.SPCONSORTIUM.ORG

The South Plains Homeless Consortium, Inc., is an incorporated 501(c)3 group. This group of community agencies, organizations and advocates has two primary purposes:

- 1) to empower the community of homeless organizations and advocates through a continuum of care to address the causes of homelessness and needs of the people who are homeless and at-risk populations, and
- 2) to educate the public and political entities about homeless issues and possible solutions while avoiding duplication of services so the limited resources can be effectively and efficiently utilized.

One major goal of the consortium is to support development of a comprehensive, collaborative and census driven community plan to organize and deliver housing and services to meet the specific needs of people who are homeless or at risk of becoming homeless. Emphasis is to empower people who are homeless move to stable housing and achieve maximum self-sufficiency.